



Health Care Provider Newsletter

A Collaboration Between the Alameda County Healthy Homes Department and the City of Berkeley Childhood Lead Poison Prevention Program

*“There is no safe level of lead for children...”
The American Academy of Pediatrics, October 2007*

AN UPDATE FROM THE HEALTHY CHILD INITIATIVE!



Recently the Alameda County Healthy Homes Department embarked on a new initiative called the Healthy Child Initiative (HCI) to increase childhood lead testing rates by 25% by 2015. While this initiative focuses its work in the Hayward area, HCI’s best practice recommendations will be implemented county-wide. This data driven initiative involves community agencies, laboratories, families and most importantly you, the medical provider. Efforts began by setting up a provider survey to solicit feedback on how best to support your efforts to test children for lead. You can still complete this short survey by going to www.surveymonkey.com/s/AlamedaCountyProviderSurvey. In the survey we ask you to identify the most common barriers to completing a blood lead test. Your feedback is instrumental in putting together various resources to assist you. So far, preliminary survey results reveal that your greatest barrier is assisting patients follow through at an offsite laboratory. The HCI has developed a Promotores Pilot project to serve as liaison between the medical provider, the patient, and the laboratory. Our community health promoters, Promotores, are English/Spanish speaking and are assigned to families in Central and South Alameda County. Promotores work with families as health navigators to address any barriers that might prevent them from keeping the lab appointment. This service is available now by contacting HCI at 510-567-8000.

Additional barriers identified have been the patient’s fear of the blood lead test. In response, staff has worked with offsite laboratories like Quest and LabCorp, to ensure that an experienced pediatric phlebotomist conducts the test and parents or caregivers have the best customer friendly experience.

Staff is also conducting medical provider site visits to provide resources such as: Quick Reference Guide for Elevated Blood Lead Levels, referral forms to services such as the Promotores Pilot, Lead Risk Questionnaires for children and pregnant women in Spanish and English, and other useful materials.

What else can we do for you? Did we miss something? Could we do something better? As partners in serving your patients, your feedback is vital. We are striving to provide you with more effective resources to support your practice. Complete our survey at www.surveymonkey.com/s/AlamedaCountyProviderSurvey, call us at 510-567-8000 or contact Ruben Briones at 510-567-8253. We are happy to work with you!

Summer 2014



Your opinion will aid in our health care provider lead poisoning prevention outreach efforts.

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DO YOU HAVE QUESTIONS ABOUT LEAD EXPOSURE AND TESTING DURING PREGNANCY?



- Conduct a Prenatal Lead Risk Questionnaire: Available in English/Spanish: electronically and/or on our website www.achhd.org
- Check our website (www.achhd.org) for the entire 2010 Centers for Disease Control and Prevention (CDC) *Guidelines for the Identification and Management of Lead Exposure in Pregnant and Lactating Women*
- Call or email specific questions to our Health Services Manager: Julie Kurko, RN at (510) 567-8267 or Julie.kurko@achhd.org

WHAT'S IN A NAME?

The Alameda County Lead Poisoning Prevention Program is now under the Healthy Homes Department. We will continue to utilize a multi-disciplinary approach (nursing/health, housing, environmental) to address lead poisoning and other housing related health issues.

“The connection between the health and the dwelling of the population is one of the most important that exists”. ...

Florence Nightingale (1860)

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Department of Health, Housing & Community Services
Public Health Division



The Alameda County Healthy Homes Department and City of Berkeley Childhood Lead Poisoning Prevention provide services to Alameda County and Berkeley residents as they relate to reducing lead exposure in children. Services range from nursing case management for children with blood lead levels above 15 $\mu\text{g}/\text{dL}$ to health education for children with levels between 5-14 $\mu\text{g}/\text{dL}$.

We also provide resources to property owners on lead-safe practices, such as free lead-safe painting and remodeling classes, In-Home Consultations, access to HEPA-Vacuums and more! For more information about our case management services and programs, or to refer a client to our services, please feel free to contact us at the information listed above.

REFERRAL TO:
Alameda County Lead Poisoning Prevention Program
 FAX COMPLETED FORM TO: (510) 567-8272

Referral Date: _____ Referred by: _____

PATIENT INFORMATION			
Last Name:	First Name:	DOB:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Address:	City/Zip:	Spoken Language <i>(check all that apply)</i>	
Apt#:		<input type="checkbox"/> English <input type="checkbox"/> Other: _____	
Phone: ()	Alternate Phone#: ()	Health Insurance:	

BLOOD LEAD TESTING INFORMATION							
Date	BLOOD LEAD LEVEL (µg/dL)	Venous	Capillary	Hematocrit	Hemoglobin	Height	Weight
		<input type="checkbox"/>	<input type="checkbox"/>				
		<input type="checkbox"/>	<input type="checkbox"/>				
History of Anemia: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown				Currently On Iron Supplements: <input type="checkbox"/> Yes <input type="checkbox"/> No			

MEDICAL PROVIDER INFORMATION		
Last Name:	First Name:	Clinic:
Address:		City/Zip:
Phone: ()	Fax: ()	Email:

CARE GIVER INFORMATION				
	Last Name	First Name	Phone	Relationship to Child
Parent/Caregiver				
Parent/Caregiver				
Parent/Caregiver				

ALAMEDA COUNTY HEALTHY HOMES DEPARTMENT
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www.achhd.org

Updated May 2014



THE Healthy Child INITIATIVE

An initiative of the Alameda County Healthy Homes Department

Childhood Lead Poisoning Risk Questionnaire

	Yes	No	Don't Know
1) Does your child live or regularly visit a house or other building built before 1978 with peeling or chipping paint inside or outside the home?			
2) Does your child play in areas of bare soil?			
3) Has there been any paint removal, scraping or renovation work done in or near your home?			
4) Is anyone in your home exposed to lead at work, or has a hobby that uses lead? See list below. Check all that apply.			
5) Does your child put toys, paint chips, or dirt in his/her mouth or chew on window sills or window blinds?			
6) Does your family or child ever eat chilies, spices, snacks, or candies from another country (for example Mexico, India, China).			
7) Does your family use imported pottery, dishes or leaded crystal glass for cooking, serving, or storing food?			
8) Does your family use home remedies or traditional medicines to treat illnesses? See list below. Check all that apply.			
9) Have you lived in or recently traveled to another country? If yes, Where? _____			

If you answered **YES** to any of these questions, please ask your child's doctor for a blood test to know if your child has lead in their body.

ITEMS THAT MAY CONTAIN LEAD:

Jobs Or Hobbies

- | | |
|---|--|
| <input type="checkbox"/> Home remodeling or repairs | <input type="checkbox"/> Stained glass making |
| <input type="checkbox"/> Painter | <input type="checkbox"/> Metal scrap or recycling work |
| <input type="checkbox"/> Bridge or tunnel worker | <input type="checkbox"/> Fishing (lead weights) |
| <input type="checkbox"/> Construction or demolition | <input type="checkbox"/> Building or repairing ships/boats |
| <input type="checkbox"/> Pottery making | |
| <input type="checkbox"/> Battery or radiator repair | |

Folk/Herbal/Homemade Remedies Or Cosmetics

- | |
|--|
| <input type="checkbox"/> Greta (bright yellow powder for stomach ache) |
| <input type="checkbox"/> Azarcon (bright orange powder for stomach ache) |
| <input type="checkbox"/> Sindoor (bright red powder used for bindi dot) |
| <input type="checkbox"/> Surma, Kohl, Kajal, (black powder eye makeup) |
| <input type="checkbox"/> Paylooh (orange-red powder for fever) |
| <input type="checkbox"/> Herbs/teas/other products to help get pregnant |



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THE Healthy Child INITIATIVE

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Cuestionario para Niños sobre el Peligro por el Plomo

	SI	No	No Se
1) ¿Su niño vive o visita regularmente una casa u otro edificio construidos antes de 1978, que ha sido remodelada, pintada o tiene pintura deteriorada?			
2) ¿Su niño juega en las áreas donde hay tierra suelta?			
3) ¿Recientemente han reparado, pintado, o remodelado en su casa o cerca de su casa?			
4) ¿Usted o alguien en su hogar trabaja o tiene un pasatiempo en que utiliza plomo o productos que contengan plomo? Vea la lista abajo. Marque todo lo que aplique.			
5) ¿Pone su niño juguetes en su boca o le gusta morder, masticar, o comer cosas que no son alimentos como tierra, pintura, o persianas de la ventana?			
6) ¿Su niño/familia alguna vez ha comido dulces de tamarindo, chapulines, chiles, o especias de otros países?(por ejemplo de México, India, China).			
7) ¿Utiliza su familia ollas de cerámica o platos importados para cocinar, servir o guardar alimentos?			
8) ¿Utiliza su familia remedios caseros o cosméticos importados de otros países? Vea la lista abajo. Marque todo lo que aplique.			
9) Ha viajado o vivido su niño/familia en otro país? Cuando: _____ Adonde: _____			

Si contesto **SI** a cualquiera de estas preguntas, pregúntele al doctor de su hijo acerca de un análisis de sangre para ver si tiene plomo en su cuerpo.

LISTA DE COSAS QUE PUEDEN CONTENER PLOMO:

Trabajos o Pasatiempos

- Remodelación o reparaciones en casa
- Pintor
- Trabajos de puentes o túnel
- Construcción o demolición
- Haciendo alfarería
- Reparando baterías y radiadores de carros
- Haciendo vidrio pintado
- Trabajo de metal o reciclaje
- Pescando (pesas de plomo)
- Construyendo o reparando buques/barcos

Remedios/hierbas caseros o cosméticos populares

- Greta (un polvo brillante amarillo para el dolor de estomago)
- Azarcon (un polvo brillante anaranjado para el dolor de estomago)
- Sindoor (un polvo brillante rojo utilizado para "bidi dot") (religión)
- Surma, Kohl, Kajal, (un polvo negro para el maquillaje de los ojos)
- Paylooh (un polvo anaranjado-rojo para la fiebre)
- Hierbas/tes/otros productos para ayudar la infertilidad
- Ayurvedics (medicinas Caseros de India)





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Prenatal Lead Risk Questionnaire For those who are pregnant or planning a pregnancy

	Yes	No	Don't Know
1. Have you ever lived in a home built before 1978 that has been remodeled, painted, or had deteriorated paint? When: _____			
2. Have you ever been told you had lead in your blood, even as a child?			
3. Have you or others in your household ever had a job or hobby that uses lead? See list below. Check all that apply.			
4. Have you ever used imported pottery, dishes or leaded crystal glass for cooking, serving, or storing food?			
5. Have you ever eaten chilies, spices, snacks, or candies from another country (for example Mexico, India, China).			
6. Have you ever lived or traveled in another country? Where: _____ How long: _____			
7. Some pregnant women have an urge to eat things that are not food. Have you ever eaten dirt, clay, pottery, or paint chips?			
8. Have you ever used traditional medicines, remedies or cosmetics? See list below. Check all that apply.			

If you answered **YES** to any of these questions, and you are pregnant or planning to become pregnant, ask your health care provider for a blood test to see if you have lead in your blood.

ITEMS THAT MAY CONTAIN LEAD:

Jobs or Hobbies

- | | |
|---|--|
| <input type="checkbox"/> Home remodeling or repairs | <input type="checkbox"/> Stained glass making |
| <input type="checkbox"/> Painter | <input type="checkbox"/> Metal scrap or recycling work |
| <input type="checkbox"/> Bridge or tunnel worker | <input type="checkbox"/> Fishing (lead weights) |
| <input type="checkbox"/> Construction or demolition | <input type="checkbox"/> Building or repairing ships/
boats |
| <input type="checkbox"/> Pottery making | |
| <input type="checkbox"/> Battery or radiator repair | |

Folk/Herbal/Homemade Remedies Or Cosmetics

- Greta (bright yellow powder for stomach ache)
- Azarcon (bright orange powder for stomach ache)
- Sindoor (bright red powder used for blind dot)
- Surma, Kohl, Kajal, (black powder eye makeup)
- Paylooh (orange-red powder for fever)
- Herbs/teas/other products to help get pregnant

Get The Lead Out Coalition of the Bay Area Adapted from prenatal lead risk questionnaires from other State Lead Programs www.getleadout.org



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THE Healthy Child INITIATIVE

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Cuestionario Prenatal sobre el Peligro por el Plomo

Para las mujeres que están embarazadas o planean un embarazo

	SI	No	No Se
1. ¿Vive actualmente en una casa o departamento construida antes de 1978, que ha sido remodelada, pintada o tiene pintura deteriorada? Cuando: _____			
2. ¿Alguna vez le han dicho que tenía plomo en la sangre, aun cuando era niña?			
3. ¿Usted o alguien en su hogar trabaja o tiene un pasatiempo en el que utilice plomo o productos que contengan plomo? Vea la lista abajo. Marque todo lo que aplique.			
4. ¿Utiliza su familia ollas de cerámica o platos importados para cocinar o guardar alimentos?			
5. ¿Alguna vez ha comido dulces de tamarindo, chapulines, chiles o especias de otros países? (por ejemplo de México, India, China).			
6. ¿Ha viajado o vivido en otro país? Cuando: _____ Adonde: _____			
7. ¿Come usted cosas que no son alimentos como tierra, barro, alfarería o trozos de pintura?			
8. ¿Alguna vez a usted utilizado remedios caseros o cosméticos? Vea la lista abajo. Marque todo lo que aplique.			

Si contesto SI a cualquiera de estas preguntas, y usted esta embarazada o planea embarazarse, pregúntele a su doctor por el análisis de sangre para ver si tiene plomo en su sangre.

LISTA DE COSAS QUE PUEDEN CONTENER PLOMO:

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- Trabajos de puentes o túnel
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- Haciendo alfarería
- Reparando baterías y radiadores de carros
- Haciendo vidrio pintado
- Trabajo de metal o reciclaje
- Pescando (pesas de plomo)
- Construyendo o reparando buques/barcos

Remedios/hierbas caseros o cosméticos

- Greta (un polvo brillante amarillo para el dolor de estomago)
- Azarcon (un polvo brillante anaranjado para el dolor de estomago)
- Sindoore (un polvo brillante rojo utilizado para "bidi dot") (religión)
- Surma, Kohl, Kajal, (un polvo negro para el maquillaje de los ojos)
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