





BLOOD LEAD LEVELS

What Do They Mean?

The blood lead test gives an idea of how much lead your child has been recently exposed to in the environment. Children with lead in their blood may not look or act sick, but learning and behavior problems may show up years later when they go to school.

Blood Lead Test Result in micrograms per deciliter (mcg/dL)	What Does It Mean?	When To Get Another Blood Test?	What Can You Do?
0-4 	No amount of lead in the body is normal or safe, but many children in California have a blood lead level in this range	Retest if your child's risk of lead exposure changes. For example: If you move to an older home with chipped or peeling paint	<ul style="list-style-type: none"> <input type="checkbox"/> Look for lead hazards around your home <input type="checkbox"/> Check our website for information on finding and safely fixing lead hazards in your home and to learn about other sources of lead www.aclppp.org
5-9 	Evidence of Exposure: Your child has been exposed to some amount of lead in their environment	6 months (Call your doctor)	<ul style="list-style-type: none"> <input type="checkbox"/> Wash hands often, eat foods with lots of iron and calcium, use a wet sponge or mop to clean floors and window sills
10-19 	Level of Concern: Your child has been exposed to moderate amounts of lead in their environment	3 months (Call your doctor)	<ul style="list-style-type: none"> <input type="checkbox"/> All the above, and... <input type="checkbox"/> The Lead Program will provide information and offer a home visit to help you look for lead hazards around your home
20-44 	Lead Poisoned: Your child has been exposed to large amounts of lead in their environment	2-3 months (Call your doctor)	<ul style="list-style-type: none"> <input type="checkbox"/> All the above, and... <input type="checkbox"/> A Public Health Nurse will make a home visit to provide follow-up care <input type="checkbox"/> Lead hazards <i>must</i> be found and reduced. The Lead Program will test your home for lead hazards
45-69 	Lead Poisoned: Your child has been exposed to very large amounts of lead in their environment	As Soon As Possible (Call your doctor)	<ul style="list-style-type: none"> <input type="checkbox"/> All the above, and... <input type="checkbox"/> Your child <i>may</i> require specialized medical treatment in the hospital. Call your doctor ASAP for a confirming blood test and lead poisoning checkup
Above 70 CALL YOUR DOCTOR TODAY! 	Medical Emergency: Your child has been exposed to dangerously high amounts of lead in their environment	Seek IMMEDIATE medical attention	<ul style="list-style-type: none"> <input type="checkbox"/> All the above, and... <input type="checkbox"/> Your child requires specialized treatment in the hospital NOW!

For more information, call the Alameda County Lead Poisoning Prevention Program 510-567-8280 or visit www.aclppp.org.